# Soccer



**Note:** For those schools not using OneSchool, this template is to be used in combination with the <u>Curriculum Activity</u> <u>Risk Planner</u>. If a CARA activity guideline exists for the activity, the minimum requirements outlined in it must be followed.

Activity Description: CHALLENGE GAMES – SOCCER			
Teachers/Leaders: The Challenge Games Committee			
Class groups: Various schools f	No. of students (approx): 1100		
Start date: 31/07/2019	Finish Date: 01/08/2019	Supervision ratio (approx): Schools provide supervision	; to

Use this risk assessment matrix as a guide to assess the inherent risk level. Refer to the <u>Curriculum Activity Risk Planner</u> for further details.

Likelihood	Consequence					
	1 - Insignificant	2 - Minor	3 - Moderate	4 - Major	5 - Critical	
5 - Almost Certain	Medium	Medium	High	Extreme	Extreme	
4 - Likely	Low	Medium	High	High	Extreme	
3 - Possible	Low	Medium	High	High	High	
2 - Unlikely	Low	Low	Medium	Medium	High	
1 - Rare	Low	Low	Low	Low	Medium	

Indicate the assessed risk level and undertake the actions required for that level of risk.

Inherent risk level		nt risk level	Action required/approval		
	Low	Little chance of incident or injury	Manage risk through regular planning processes.		
	Medium	Some chance of an incident and injury requiring first aid	<ul> <li>Document risks and controls in regular planning documents</li> <li>Manage risk through regular planning processes.</li> <li>OR complete this <i>Curriculum Activity Risk Assessment</i>.</li> </ul>		
	High	Likely chance of a significant incident and injury requiring medical treatment	<ul> <li>A Curriculum Activity Risk Assessment is required to be completed.</li> <li>Principal or head of program (i.e. DP, HOD, HOSES) approval is required prior to conducting this activity.</li> <li>Parent/carer consent is recommended.</li> <li>Once approved, activity details are to be entered into the <u>School Curriculum Activity Register</u>.</li> </ul>		



Inherent risk level		nt risk level	Action required/approval		
	Extreme	High chance of a serious incident resulting in highly debilitating injury	<ul> <li>Consider conducting an alternative activity or modifications to the activity that could achieve comparable learning outcomes.</li> <li>A <i>Curriculum Activity Risk Assessment</i> must be completed.</li> <li>Principal approval is required prior to conducting this activity.</li> <li><u>Parent/carer</u> consent must be obtained for student participation.</li> <li>Once approved, activity details are to be entered into the <u>School Curriculum Activity Register</u>.</li> </ul>		

**NOTE:** If the activity is to be held off-site, parent/carer consent is required irrespective of the inherent risk level. Refer to the <u>School Excursions procedure for the Excursion Planner template.</u>

## Minimum supervision

- Adequate adult supervision must be provided. A broad range of variables will affect your decision about what constitutes adequate supervision, for example, the:
  - o nature of the activity conducted
  - o number of students/size of groups, if more than one group
  - o needs of students and their expected capabilities (e.g. age, experience, competence, fitness)
  - leader's competence and experience
  - o planned duration of the activity
  - o suitability and availability of equipment
  - o environmental and weather conditions
  - o difficulties/distance/condition of the venue/site of the activity (e.g. trails, vehicle tracks, roads)
  - o remoteness of the activity
  - o likelihood of leader becoming incapacitated or separated from participants.
- If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall
  responsibility. Blue Card requirements must be adhered to.

### Provide information about supervision:

Each school provides supervision of the students at each activity during the carnival. The committee will provide activity supervisors/volunteers to run the events. A registered teacher with extensive experience in soccer will co-ordinate this activity.

## Minimum activity-specific qualifications for supervisors

Relevant qualifications will depend on the nature of the activity, but as a minimum:

- there are sufficient adults with current First Aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel
- if operating more than one hour away from Emergency Services, an adult with a current Remote Area First Aid qualification is present
- consider whether 'competence' (knowledge and skills to safely carry out the activity) is sufficient for the activity leader rather than a formal qualification. A teacher/leader could demonstrate competence by two or more of the following:
  - $\circ$   $\;$  knowledge of the activity and the associated hazards and risks
  - o experience (i.e. previous involvement) in undertaking the activity
  - o demonstrated ability and/or expertise
  - o possession of relevant qualifications.
- if the activity is being conducted by external leaders, obtain a copy of relevant qualifications and risk management information.

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Provide evidence of the leader/supervisor's relevant qualifications and/or competence:

Schools to provide their own first aid. The committee will have a first aid officer also available on site for the 2 days.

# Minimum activity-specific equipment/facilities

Consider the equipment and facilities required for the activity. Depending on the nature of the activity, this may include:

- First Aid kit (including sufficient and suitable bandages, ice packs, etc as appropriate)
- communication equipment e.g. phone line at location, mobile phone, satellite phone, whistle/marine whistle, walkie talkie/UHF/VHF radio, PLB (personal locator beacon)
- drinking water (students should not share containers)
- sun safety equipment if outdoors (hat, sunscreen, shirt, shade, etc)
- appropriate clothing (consider weather conditions if outdoors)
- injury management procedure (including head injuries where this is a possibility) in place
- suitable personal protective equipment
- all equipment and facilities should comply with relevant safety standards.

Provide information about activity-specific equipment/facilities:

All equipment supplied by a registered teacher. Plenty of open space on field 2 provided for activity.

## Governing bodies/associations

- Guidelines/codes of practice are available for many activities. Refer to the relevant governing body/ association, if one exists.
- If you are organising sporting competitions or events, refer to the Queensland School Sport Unit.

Provide information about advice from governing bodies/associations, if relevant:

Education Qld Guidelines used (attach file)

## Activity-specific hazards/risks and suggested control measures

Consider the potential hazards and risks involved with this activity and implement control measures to minimise these risks. Depending on the nature of the activity, controls may include:

- □ establishing updated processes to maintain safe hygiene standards
- □ preparing to deal with possible student injuries/accidents involving bodily fluids and ensuring familiarity with the *Management of Prescribed Contagious Conditions* procedure and *Infection Control* guideline.
- □ providing instruction in rules, safety procedures, safe handling of equipment and prerequisite skills before students commence the activity

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- □ following progressive and sequential skills development
- monitoring student numbers and available space
- adopting sun-safe strategies if outdoors, e.g. scheduling the activity in the early morning/late afternoon; using shaded areas; wearing hats, sun-smart clothing, sunscreen
- □ referring to the *Chemical Hazards in the Curriculum* guideline and related *Guidance Notes* if hazardous substances are being used
- establishing safety zones for the use of equipment, if relevant
- $\hfill\square$  ensuring electrical items are maintained as required, and visually inspected before use
- ensuring that relevant medical/emergency plans and medications are available (insulin, Ventolin®, Epipen®, etc) if students with medical conditions are involved
- □ referring to Individual Education Plan/Educational Adjustment Plan/Behaviour Management Plan and other student documents
- obtaining advice from relevant advisory visiting teachers or specialist teachers where necessary
   undertaking a risk management process to prevent or minimise the risk of injuries if the activity involves manual tasks
- □ discouraging the wearing of jewellery or use protective measures (e.g. taping) if jewellery is worn and ensuring that hair and clothing does not interfere with safety
- $\Box$  for sporting activities:
- assessing the suitability of surface/playing field (loose items, debris, potholes/divots in ground, line markers, or other hazards) and dampness before and during activity, and ensuring that the surface is non-slip, even and firm
- modifying activities to match the skill and fitness levels of students
- o having appropriate warm-up and warm-down activities
- continually monitoring students for signs of fatigue and exhaustion
- ensuring that if spectacles need to be worn during sports activities/matches and training sessions, they have plastic lenses. A band should also hold the spectacles on securely.
- □ for outdoor activities:
- o assessing weather conditions before and during activity (e.g. temperature, storms)
- o situating activities away from buildings, pedestrians and other activities (as appropriate)
- o checking the site for hazards and implement necessary controls
- o checking the site for poisonous plants/dangerous animals
- o establishing safe, designated areas for people and vehicles
- considering hazards associated with types of fencing materials, gates and other infrastructure (e.g. barbed wire, star pickets, electrified fencing, rough timber, uneven terrain) and the risk of students being injured by these materials and conditions.

Provide information about:	
hazards/risks	planned control measures:
<ul> <li>Goals need to be anchored.</li> <li>Jewellery</li> </ul>	<ul> <li>Adequate space provided.</li> <li>Plenty of supervisors.</li> <li>Modified games - not open field.</li> <li>Ensure safety is a priority.</li> </ul>



Approval			
V	Approved as submitted		
	Approved with the following conditions:		
	Not approved for the following reasons:		
By: Paul Martin		Designation: Assistant Principal - Admin	
Signed:		Date: 09/07/2019	
Once approved, activity details should be entered into the Activity Register by administrative staff.		e School Curriculum	Reference No.

Monitoring and Review (to be completed during and/or after the activity.)	Yes	No
Are the control measures still effective?		
Have there been any changes?		
Are further actions required?		
Details:		

## Useful activity-specific links

- Chemical Hazards in the Curriculum Curriculum Activity Risk Assessment guideline <u>http://education.qld.gov.au/curriculum/carmg/doc/chemical-hazards-template.doc</u>
- Chemical Hazards Guidance Notes
   <u>http://education.qld.gov.au/curriculum/carmg/doc/guidance-notes.doc</u>
- <u>Curriculum Activity Risk Planner</u>
- Developing a Sun Safety Strategy
   <u>http://education.qld.gov.au/schools/healthy/wellbeing-guidelines/sun-safety.html</u>
- First Aid
   <u>http://ppr.det.qld.gov.au/corp/hr/workplace/Pages/First-Aid.aspx</u>
- Hazards and Risks Electrical
   <u>http://education.qld.gov.au/health/safety/hazards/electrical.html</u>
- Health and Safety Incident Recording, Notification and Management
   <u>http://ppr.det.qld.gov.au/corp/hr/workplace/Pages/Health-and-Safety-Incident-Recording,-Notification-and-Management.aspx</u>

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- How to manage work health and safety risks Code of Practice 2011
   <a href="https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice">https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice</a>
- Infection Control guidelines
   <u>http://education.qld.gov.au/health/pdfs/infection-control-guidline.pdf</u>
- Management of Prescribed Contagious Conditions <u>http://ppr.det.qld.gov.au/education/community/Pages/Management-of-Prescribed-Contagious-Conditions.aspx</u>
- Managing Risks in School Curriculum Activities
   <u>http://ppr.det.qld.gov.au/education/management/Pages/Managing-Risks-in-School-Curriculum-Activities.aspx</u>
- <u>Managing Risks in School Curriculum Activities Flowchart</u>
- Managing Risks with Chemicals in Department of Education and Training (DET) Workplaces
   <u>http://ppr.det.qld.gov.au/corp/hr/workplace/Pages/Managing-Risks-with-Chemicals-in-Department-of-</u>
   <u>Education,-Training-and-Employment-(DET)-Workplaces.aspx</u>
- Queensland School Sport
   <u>https://queenslandschoolsport.eq.edu.au/Pages/default.aspx</u>
- Recreational Diving, Recreational Technical Diving and Snorkelling Code of Practice 2011
   <a href="https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice">https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice</a>
- Safe Work Australia Safety Data Sheets (SDS)
   <u>http://www.safeworkaustralia.gov.au/sites/swa/whs-information/hazardous-chemicals/sds/pages/sds</u>
- Safety Data Sheets (SDS) and Labelling
   <u>https://www.worksafe.qld.gov.au/injury-prevention-safety/hazardous-chemicals/managing-hazchem-risks/labelling-and-safety-data-sheets</u>
- Safety in Recreational Water Activities Act 2011 (Qld) <u>https://www.legislation.qld.gov.au/LEGISLTN/CURRENT/S/SafeRecWaA11.pdf</u>
- <u>School Curriculum Activity Register</u>
- School Excursions and International School Study Tours <u>http://ppr.det.qld.gov.au/education/management/Pages/School-Excursions.aspx</u>
- Working with Children Check Blue Cards <u>http://ppr.det.qld.gov.au/corp/hr/management/Pages/Working-with-Children-Check---Blue-Cards.aspx</u>

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Department of Education, Training and Employment

# Soccer



#### Activity scope

This document relates to student participation in Football (Soccer) as a curriculum activity including skills development, team training and competition matches conducted by schools.

#### Minimum activity-specific qualifications for supervisors

- For a registered teacher:
  - o Get Active Queensland Football (Soccer) Coaching Course, OR
  - o a Junior Licence from Football Federation Australia (FFA), OR
  - o Competence (demonstrated ability/experience) in the teaching of football (soccer), OR
  - For a leader other than a registered teacher:
  - o Get Active Queensland Football (Soccer) Coaching Course, OR
  - o a Junior Licence from FFA.

Competition games should be controlled by competent coaches and officials. The minimum requirements are:

- A registered teacher with competence (i.e. demonstrated ability) in refereeing the game of Football, OR
- A qualified referee with <u>FFA Level 4 accreditation</u>.

#### Minimum activity-specific equipment/facilities

- Correctly sized and fastened shin guards for all players when playing. Shin guards must be covered entirely by stockings (long socks) (Fédération Internationale de Football Association [FIFA] rule).
- Match footballs sized according to the age of the players: 10yrs-13yrs size 4, 14yrs and older size 5. Footballs
  that have lifted panels, protruding inflation points, loose or broken stitching, or are out of shape should be
  discarded.
- Minimum clearance of 3 metres surrounding each field.
- Where minimum boundary clearance is not met, some suggested alternate controls are:
  - o reduce the size of the playing field to achieve an adequate clearance zone
  - o remove spectators/dangerous obstacles within the clearance zone
  - o provide instruction to the official/supervisors and players about the limited clearance zone
  - o station supervisors near any obstacles within the clearance zone.
  - Playing field equipment—Soccer goals (Standards Australia International Handbook [AS 4866.1-2007]):
  - o Securely anchor or provide adequate counterweight to Movable Soccer Goalposts (MSGs) at ALL times.
  - Never use net pegs to anchor the goal structure.
  - Never allow anyone to climb on the net or goal framework.
  - Always instruct players, managers, coaches, trainers, teachers, maintenance and all other personnel who
    might come into contact with the goal on the safe handling of and potential dangers associated with MSGs.
  - Check for structural integrity and proper connecting hardware before every use.
  - MSGs should be safely stored to prevent unauthorised use/access and potential injuries.
  - Safety warnings should be either in the form of a label or painted on the goal frame, e.g. 'WARNING ALWAYS ANCHOR GOAL – NEVER CLIMB OR HANG ON CROSSBAR. Unsecured goal can tip over causing serious injury or death'.
- Ensure ongoing maintenance of MSGs.
- Note that game equipment should comply with age standard levels appropriate to the laws of the game (e.g. footballs, goals for small-sided games).
- · Corner flags or markers should be made of non-injurious materials.



Football players, File #: 3232997 iStockphoto @ ArtmannWitte

Date modified: 22 May 2013



- · Note: it is recommended that correctly fitted mouthguards should be worn for playing and practising.
- Footwear suitable for running and kicking a football for all players during play.
- Please note that footwear sold in shops suitable for playing football includes boots/shoes with moulded studded soles, screw in studs (metal or plastic), 'blades' and dimples.

#### Activity-specific hazards/risks and suggested control measures

- Ensure all items of jewellery (watches, necklaces, rings, earrings, leather bands, rubber bands, studs, etc) are removed. Taping is not acceptable (Mandatory FIFA rule p. 68).
- Note that players wearing any form of stiff/solid fracture/sprain casts must remove them before playing. The
  casts are NOT to be covered by foam or any other soft protective material.
- Ensure boots or shoes are inspected before each match. Boots or shoes with loose, sharp-edged or
  excessively worn studs and sharp-edged soles should not be worn. If the footwear has tags, the tags must be
  checked to ensure:
  - o the tags are not sharp on the edge (i.e. nylon screw in tags)
  - o the tags are not tapered
  - the tag is not pointed (e.g. a track shoe)
  - o the metal screw is not protruding through the tag creating a two-part pointed tag.
- · Goal-keepers should defend their goal against one ball at a time only during skills practice.
- Rules regarding body contact should be enforced to ensure the safety of students.
- Procedures should be established for the management of any student receiving an injury to the head.
- If there is reason to believe a student is injured, remove the student from the field of play.
- Ensure students do not return to playing after an injury until it is clear that the injury has healed. If there is any doubt, the student should not play until medically cleared.
- Students should have progressed through the skills and knowledge areas associated with mini soccer before
  participating at a level governed by the full laws of the game.
- Follow progressive and sequential skills development. Skills training is encouraged for 9-11 year age groups.
- Note that it is recommended that fixtured game times should comply with FFA/Football Queensland recommendations:
  - o 10-12yrs, a maximum 25 minutes per half, 5 minutes (or more) half time break
  - o 13yrs-max 30min per half, 5 minutes (or more) half time break
  - o 14yrs-max 35min per half, 5 minutes (or more) half time break
  - o 15yrs-max 40min per half, 5 minutes (or more) half time break
  - o 16yrs or more, max 45min per half, 10minutes (or more) break.
- Guidelines/codes of practice are established for this activity, refer to FFA and Football Queensland.

#### Useful activity-specific links

- Fédération Internationale de Football Association (FIFA) <u>http://www.fifa.com/</u>
- Football Federation Australia (FFA) <u>http://www.footballaustralia.com.au/</u>
- Football Queensland <u>http://www.footballqueensland.com.au/index.php</u>
- Football Queensland coaching <u>http://www.footballaustralia.com.au/getinvolved/coaching</u>
- Get Active Queensland Accreditation Program http://www.nprsr.gld.gov.au/community-programs/education-training/accreditation-program/index.html
- Health and Safety Safety Alert Movable Soccer Goalposts (MSG) http://education.gld.gov.au/health/pdfs/healthsafety/portable-soccer-goalposts.pdf

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