

THURSDAY														
AGE	5	6	7	8	9	10	11	12	13	14	15	16	17+	
9.00am	<b>800m INVITATIONAL TRIAL EVENT</b> <b>Plus Wheelchair Rugby Demonstration in the Hall</b>													
9.45am	<b>SHOT PUT INVITATIONAL TRIAL EVENT:</b>													
10.00am	PAR	X	VX	SOC	LJ/SJ	RL	60m	60m	60m	X	FR	FJ	FJ	
10.20am	SHOT	PAR	X	VX	SOC	LJ/SJ	BG	X	BOC	60m	60m	60m	60m	
10.40am	<b>PRESENTATION OF TROPHIES:</b>													
11.20am	80m	80m	80m	X	VX	SOC	FJ	BG	X	AFL	X	FR	FR	
11.40am	RL	SHOT	PAR	80m	80m	VX	FR	FJ	BG	BOC	AFL	X	X	
11.40am	<b>LONG JUMP INVITATIONAL TRIAL EVENT:</b>													
12.00pm	LJ/SJ	RL	SHOT	PAR	X	100m	100m	FR	FJ	BG	BOC	AFL	AFL	
12.20pm	SOC	LJ/SJ	RL	SHOT	PAR	X	AFL	100m	100m	FJ	BG	BOC	BOC	
12.40pm	VX	SOC	LJ/SJ	RL	SHOT	PAR	BOC	AFL	FR	100m	100m	BG	BG	
12.40pm	X	VX	SOC	LJ/SJ	RL	SHOT	X	BOC	AFL	FR	FJ	100m	100m	
1.20pm	<b>400m INVITATIONALS</b>													

60m	60 metres race
80m	80 metres race
100m	100 metres race
200m	200 metres race
BG	Ball Games
FJ	Fling-o-majig
UN	Rugby Union
Boc	Boccia
FR	Frisbee
LJ/SJ	Long Jump / Standing Jump
SVB	Sitting Volleyball
AFL	Aussie Rules
SHOT	Shot Put/Shot Roll
VX	Vortex
PAR	Parachute
X	Breaktime (rest, lunch and toilet)
SOC	Soccer
RL	Rugby League

#### Wheelchair Rugby

This activity is set up for schools to supervise their students at a time that suits you.  
This is usually when there is a break

#### Table Tennis / Swish Ball

This activity is set up for schools to supervise their students at a time that suits you.  
This is usually when there is a break.

#### Netability

This activity is set up for schools to supervise their students at a time that suits you.  
This is usually when there is a break.