

WEDNESDAY													
AGE	5	6	7	8	9	10	11	12	13	14	15	16	17+
9.30am	WELCOMING PARADE and OFFICIAL OPENING												
10.00am	60m FRAME RUNNING												
10.00am	200m Sprint: INVITATIONAL TRIAL EVENT:												
10.30am	60m	60m	60m	FR	AFL		CRI	RL	LJ/SJ	SHOT	SVB	SOC	SOC
10.50am	BG			60m	BOC	AFL	VX	CRI	RL	LJ/SJ	SHOT	SVB	SVB
11.10am	FJ	BG	FR		60m	60m	SOC	VX	CRI	RL	LJ/SJ	SHOT	SHOT
11.30am	DISCUSS INVITATIONAL TRIAL EVENT:												
11.30am		FJ	BG	BOC			200m	SOC	VX	CRI	RL	LJ/SJ	LJ/SJ
11.50am	AFL		FJ	BG	FR	BOC	SVB	200m	SOC	VX	CRI	RL	RL
12.10pm	BOC	AFL		FJ	BG	FR	SHOT	SVB	200m	SOC	VX	CRI	CRI
12.30pm	FR	BOC	AFL		FJ	BG	LJ/SJ	SHOT	SVB	200m	SOC	VX	VX
12.50pm		FR	BOC	AFL		FJ	RL	LJ/SJ	SHOT	SVB	200m	200m	200m
1.10pm	100m Sprint: INVITATIONAL TRIAL EVENT:												
1.30pm	RELAYS: 60m Shuttle - 6 per team (combined age groups & gender: 5/6, 7/8, 9/10, 11/12 on the front straight) (combined age groups & gender: 13/14, 15/16, 17+ on the back straight)												

60m	60 metres race
80m	80 metres race
100m	100 metres race
200m	200 metres race
BG	Ball Games
FJ	Fling-o-majig
AFL	Aussie Rules
Boc	Boccia
FR	Frisbee
LJ/SJ	Long Jump / Standing Jump
SVB	Sitting Volleyball
CRI	Cricket
SHOT	Shot Put/Shot Roll
VX	Vortex
X	Breaktime (rest, lunch and toilet)
SOC	Soccer
RL	Rugby League

Wheelchair Rugby

This activity is set up for schools to supervise their students at a time that suits you.
This is usually when there is a break

Table Tennis / Swish Ball

This activity is set up for schools to supervise their students at a time that suits you.
This is usually when there is a break.

Netability

This activity is set up for schools to supervise their students at a time that suits you.
This is usually when there is a break.