

THURSDAY													
AGE	5	6	7	8	9	10	11	12	13	14	15	16	17+
9.00am	800m INVITATIONAL TRIAL EVENT												
9.45am	SHOT PUT INVITATIONAL TRIAL EVENT:												
10.00am	PAR	X	VX	AFL	LJ/SJ	X	60m	60m	60m	X	FR	FJ	FJ
10.20am	SHOT	PAR	X	VX	AFL	LJ/SJ	BG	X	BOC	60m	60m	60m	60m
10.40am	PRESENTATION OF TROPHIES:												
11.20am	80m	80m	80m	X	VX	AFL	FJ	BG	X	RL	X	FR	FR
11.40am	X	SHOT	PAR	80m	80m	VX	FR	FJ	BG	BOC	RL	X	X
11.40am	LONG JUMP INVITATIONAL TRIAL EVENT:												
12.00pm	LJ/SJ	X	SHOT	PAR	X	100m	100m	FR	FJ	BG	BOC	RL	RL
12.20pm	AFL	LJ/SJ	X	SHOT	PAR	X	RL	100m	100m	FJ	BG	BOC	BOC
12.40pm	VX	AFL	LJ/SJ	X	SHOT	PAR	BOC	RL	FR	100m	100m	BG	BG
12.40pm	X	VX	AFL	LJ/SJ	X	SHOT	X	BOC	RL	FR	FJ	100m	100m
1.20pm	400m INVITATIONALS												

- 60m 60 metres race
- 80m 80 metres race
- 100m 100 metres race
- 200m 200 metres race
- BG Ball Games
- FJ Fling-o-majig
- RL Aussie Rules
- Boc Boccia
- FR Frisbee
- LJ/SJ Long Jump / Standing Jump
- SVB Sitting Volleyball
- AFL Aussie Rules
- SHOT Shot Put/Shot Roll
- VX Vortex
- PAR Parachute
- X Breaktime (rest, lunch and toilet)

Slalom

This activity is set up for schools to supervise their students at a time that suits you.